TEXAS 4-H RECORDBOOK SENIOR TIP SHEET

The following tip sheet is meant to serve as a basic tool on what should be included in a Texas 4-H Recordbook. More detailed information can be found in the Texas 4-H Family Guide for Recordbooks.

1. **Project Experiences**
   a. What are your main 4 projects?
   b. What have you done in those projects that are noteworthy?
   c. What have you learned from each of these projects?
   d. How has this project changed or grown over the years?

2. **4-H Story**
   a. Provide us some background about your family.
   b. What are your project goals?
   c. What did you do in your club or project group this year?
   d. What other projects and activities do you participate in?
   e. How 4-H has helped you become a better leader and citizen and what you have learned through your community service and leadership activities?
   f. How being a 4-H member has helped you set goals and develop new interests, and if 4-H has influenced your future plans or career goals?

3. **Leadership Experiences**
   a. What activity did you participate in?
   b. What was your leadership role (Elected, Appointed, Volunteer)?
   c. What level did you participate (Club, County, District, State, National, International)?
   d. What were your responsibilities and duties?
   e. How many people were reached or taught?
   f. How many hours did you put in the activity?

4. **Community Service and Citizenship**
   a. What activity did you participate in?
   b. What was your role (Yourself, Member of a Group, Primary Leadership)?
   c. What was the importance or impact of the activity?
   d. How long did it take?

5. **Other 4-H Projects**
   a. What other 4-H projects did you participate in?
   b. What did you do in these projects?
c. How long have you been involved in these projects?

6. **Recognition and Awards**
   a. What recognition have you received this year?
   b. What level did you receive it at (Club, County, District, State, National, International)?
   c. What was the importance of this recognition to you?

7. **Non 4-H Activities**
   a. What non-4-H activities have you participated in?
   b. Provide description for each.

8. **College and Career Exploration**
   a. What activity did you participate in?
   b. When did you do it?
   c. What did you learn?
   d. How long did it take (hours)?