Patriotism Through Preparedness Post

Please take a few minutes to answer the following questions about your involvement in the Patriotism Through Preparedness program. Your answers to these questions will help determine future programming.

1. A disaster is something that happens to us every day.
   - True  - False

2. A disaster causes harm to property but not people.
   - True  - False

3. Disasters can be caused by nature.
   - True  - False

4. People can cause disasters on purpose or by accident.
   - True  - False

5. There is nothing we can do to prepare for a disaster.
   - True  - False

6. A plan is a method for doing something or achieving ____________.
   - a disaster  - a goal  - stress  - happiness

7. A plan will help keep people safe in case of a disaster.
   - True  - False

8. Place a number in the line to show the correct order to follow for making a plan.
   - Make a decision and do it!
   - Think of the good and bad results of each idea.
   - Know what the problem is.
   - Think of ideas on how the problem could be solved.

9. Stress is one way our body or mind reacts to change.
   - True  - False

10. Some people experience emotional stress after a disaster occurs.
    - True  - False
11. Breathing in and out slowly can help reduce stress.
   - True   - False

12. There are ways to relax your muscles to reduce stress on the body.
   - True   - False

13. Match the following supply kit items with its description. (Place the letter in the correct space)

   - Water
   - Food
   - Special needs items
   - First Aid kit
   - Emergency equipment
   - Hygiene products
   - Entertainment

   - A) 3-day supply per person
   - B) batteries, radio, flashlight, whistle
   - C) baby wipes, garbage bags, toilet paper
   - D) diapers, formula, allergy medication
   - E) gloves, antibiotic cream, bandages, burn cream
   - F) books, toys stuffed animals
   - G) 1 gallon per person per day

14. To find out information about a local illness that is spreading through the community, the most reliable source of information is:
   - Newspaper    - Radio    - Local Health Department    - Neighbor

15. If there is a germ outbreak and I am asked to “shelter-in-place,” I should get in my car and drive to another town.
   - True   - False

16. Which of the items listed below is most helpful in building a “shelter-in-place” if there is an air contaminant.
   - Plastic sheeting and duct tape   - Hammer and nails   - Plywood   - Camping tents and sleeping bags

17. Did your family talk about what to do in case of a disaster?
   - Yes   - No

18. Did your family make a family disaster plan?
   - Yes   - No

19. Did your family make a disaster supply kit?
   - Yes   - No

THANK YOU!