Patriotism Through Preparedness

Please take a few minutes to answer the following questions about your involvement in the Patriotism Through Preparedness program. Your answers to these questions will help determine future programming.

1. A disaster is something that happens to us every day.
   - True  False

2. A disaster causes harm to property but not people.
   - True  False

3. Disasters can be caused by nature.
   - True  False

4. People can cause disasters on purpose or by accident.
   - True  False

5. There is nothing we can do to prepare for a disaster.
   - True  False

6. A plan is a method for doing something or achieving ____________ .
   - a disaster  a goal  stress  happiness

7. A plan will help keep people safe in case of a disaster.
   - True  False

8. Place a number in the line to show the correct order to follow for making a plan.

   [ ] Make a decision and do it!
   [ ] Think of the good and bad results of each idea.
   [ ] Know what the problem is.
   [ ] Think of ideas on how the problem could be solved.

9. Stress is one way our body or mind reacts to change.
   - True  False

10. Some people experience emotional stress after a disaster occurs.
    - True  False
11. Breathing in and out slowly can help reduce stress.
   ○ True ○ False

12. There are ways to relax your muscles to reduce stress on the body.
   ○ True ○ False

13. Match the follow supply kit items with its description. (Place the letter in the correct space)

   A) 3-day supply per person
   B) batteries, radio, flashlight, whistle
   C) baby wipes, garbage bags, toilet paper
   D) diapers, formula, allergy medication
   E) gloves, antibiotic cream, bandages, burn cream
   F) books, toys stuffed animals
   G) 1 gallon per person per day

14. To find out information about a local illness that is spreading through the community, the most reliable source of information is:
   ○ Newspaper ○ Radio ○ Local Health Department ○ Neighbor

15. If there is a germ outbreak and I am asked to “shelter-in-place,” I should get in my car and drive to another town.
   ○ True ○ False

16. Which of the items listed below is most helpful in building a “shelter-in-place” if there is an air contaminant.
   ○ Plastic sheeting and duct tape ○ Hammer and nails ○ Plywood ○ Camping tents and sleeping bags

17. Has your family talked about what to do in case of an emergency?
   ○ Yes ○ No

18. Does your family have a plan of what to do in an emergency?
   ○ Yes ○ No

19. Does your family have a kit of supplies in case of an emergency?
   ○ Yes ○ No

THANK YOU!