

Spending Plan for _____

(Month)

SOURCES OF INCOME	AMOUNT
(Paychecks, Assistance, Social Security,	
Unemployment, Food Stamps or other)	
	\$
	\$
	\$
	\$
	\$
	\$
Total Monthly Income	\$ -
EXPENSES	AMOUNT
Fixed	\$
Housing - Rent or Mortgage	\$
Insurance / Taxes (if separate)	\$
Transportation	\$
Car Payment	\$
Insurance	\$
Gas, Oil	\$
Public Transportation	\$
Savings	\$
Installment Payments	\$
Life Insurance	\$
Child Support	\$
Child Care / Adult Day Care	\$
Other	\$
	\$
	\$
Total (A)	\$ -

Flexible	
Food	\$
Food at Home	\$
Food Away from Home	\$
Utilities	
Electricity	\$
Water	\$
Gas	\$
Phone	\$
Cell phone	\$
Lawn Care	\$
Cleaning Supplies	\$
Medical / Dental	\$
Clothing and Personal	\$
Education	\$
Entertainment and Recreation	\$
Contributions	\$
Credit Card Payments	\$
#1	\$
#2	\$
#3	\$
Other Expenses	\$
Gifts	\$
Periodic Expenses	\$
Other	\$
	\$
Total (B)	
Total (A+B)	
Total Income - What you plan to spend	
=	\$

Personal Goals	One year from today. I plan to have
One month from today, I plan to have these things done with my money.	One year from today, I plan to have these things done with my money.
1	1
2	2
3.	3
	4
	5

Periodic Expenses

List items and Costs for Each Month

	Months Total
January	
February	
March	
April	
May	
June	
July	
August	
September	
October	
November	
December	