An innovative approach to enhancing health and improving lives in a 27-county region in South Texas.

**ENGAGING FAMILIES & PROMOTING CHANGE IN:**

- **Diabetes**
  - Prevent diabetes related death
  - Decrease hospitalizations
  - Reduce complications, such as amputation and blindness

- **Asthma**
  - Decrease emergency room visits
  - Decrease hospitalizations
  - Reduce absence from school and work

- **Infectious Disease**
  - Decrease preventable complications and death
  - Prevent spread of infectious diseases in border counties
  - Improve immunization rates

*find more resources & information online:* healthytexas.tamu.edu
Fostering health, at all stages of life:

- WELL BABY
- YOUTH AMBASSADORS
- WALK ACROSS TEXAS!
- DINNER TONIGHT! HEALTHY COOKING SCHOOLS
- DIABETES CONTROL PROGRAM
- ASTHMA CONTROL PROGRAM
- INFECTIOUS DISEASE EDUCATION
- MASTER WELLNESS VOLUNTEER PROGRAMS
- PUBLIC HEALTH EDUCATION & TRAINING
- WELLNESS RESOURCE & OUTREACH

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